



# Brookside School - Long Term Plan - Physical Education

This document provides a generic overview of the units to be taught in Physical Education across the academic year for all year groups. For most units taught, Get Set 4 PE planning is used and adapted where appropriate. Detailed documentation exist that outline in detail: a scheme of learning for each unit and lesson by lesson planning. These documents are available internally for staff and accessible for external specialist PE providers. Where Get Set 4 PE is not used, alternative planning and progression documentation exists.

	Autumn 1 <i>Value: Honesty</i>	Autumn 2 <i>Value: Determination</i>	Spring 1 <i>Value: Teamwork</i>	Spring 2 <i>Value: Self-belief</i>	Summer 1 <i>Value: Passion</i>		Summer 2 <i>Value: Respect</i>
Foundation	Squiggle Wiggle	Introduction to PE <i>GS4PE EYFS</i>	Forest Schools	Fundamentals <i>GS4PE EYFS</i>	Gymnastics <i>Apparatus</i>		Games <i>GS4PE EYFS</i>
	Ball Skills <i>GS4PE EYFS</i>	Dance - Nativity	Gymnastics <i>Floor</i>	Dance	Squiggle Wiggle - paper		Sports Day preparation
Year 1/2 cycle A	Ball skills <i>GS4PE Y1</i>	Dance <i>Nativity</i>	Dance <i>Individual short motif</i>	Gymnastics <i>Floor</i>	Invasion Games <i>GS4PE Y2</i>		Striking and fielding <i>GS4PE</i>
	Team Building <i>GS4PE Y1</i>	Drumba	Target Games <i>GS4PE</i>	Forest Schools		Sending & Receiving <i>GS4PE Y1</i>	Athletics <i>Sports Day Practice</i>
Year 1/2 cycle B	Ball skills <i>GS4PE Y2</i>	Dance <i>Nativity</i>	Dance <i>Individual short motif</i>	Gymnastics <i>Apparatus</i>	Invasion Games <i>GS4PE Y2</i>		Net and Wall <i>GS4PE</i>
	Team Building <i>GS4PE Y2</i>	Drumba	Fundamentals <i>GS4PE Y1/2</i>	Forest Schools		Sending & Receiving <i>GS4PE Y1</i>	Athletics <i>Sports Day Practice</i>

	Autumn 1 <i>Value: Honesty</i>	Autumn 2 <i>Value: Determination</i>	Spring 1 <i>Value: Teamwork</i>	Spring 2 <i>Value: Self-belief</i>	Summer 1 <i>Value: Passion</i>	Summer 2 <i>Value: Respect</i>
Year 3/4 cycle A	Forest Schools		Invasion Game <i>Football - GS4PE</i>	Y4 Swimming		Striking and fielding <i>GS4PE</i>
				Y3 Ball Skills <i>GS4PE</i>	Y3 Target Game <i>Golf GS4PE</i>	
	OAA <i>GS4PE Y3</i>	Drumba	Gymnastics <i>GS4PE Y3</i>	Dance <i>Production</i>	Invasion Game <i>Ultimate Frisbee</i>	Athletics <i>Sports Day Practise</i>
Year 3/4 cycle B	Forest Schools		Invasion Game <i>Basketball - GS4PE</i>	Y4 Swimming		Net and Wall <i>GS4PE</i>
				Y3 Ball Skills <i>GS4PE</i>	Y3 Ball Skills <i>GS4PE</i>	
	OAA <i>GS4PE Y4</i>	Drumba	Gymnastics <i>GS4PE Y4</i>	Dance <i>Production</i>	Invasion Game <i>Tag rugby – GS4PE</i>	Athletics <i>Sports Day Practise</i>
Year 5/6 cycle A	Invasion Game <i>Basketball - GS4PE</i>	Y5 Ice Skating	Invasion Game <i>GS4PE - Hockey</i>	Invasion Game <i>Ultimate frisbee</i>	Net and Wall <i>GS4PE</i>	Forest Schools
		Y6 Invasion <i>GS4PE - Dodgeball</i>				
	OAA <i>GS4PE Y5</i>	Drumba	Dance <i>GS4PE Y5</i>	Gymnastics <i>GS4PE Y5</i>	Striking and fielding <i>GS4PE - Rounders</i>	Athletics <i>Sports Day Practise</i>
Year 5/6	Invasion Game <i>Tag rugby – GS4PE</i>	Y5 Ice Skating	Invasion Game <i>GS4PE - Netball</i>	Invasion Game <i>Ultimate frisbee</i>	Net and Wall <i>GS4PE</i>	Forest Schools
		Y6 Invasion <i>GS4PE - Dodgeball</i>				

	<div>OAA</div> <div>GS4PE Y6</div>	<div>Drumba</div>	<div>Dance</div> <div>GS4PE Y6</div>	<div>Gymnastics</div> <div>GS4PE Y6</div>	<div>Striking and fielding</div> <div>GS4PE - Cricket</div>	<div>Athletics</div> <div>Sports Day Practise</div>
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