

# BROOKSIDE ANTI-BULLYING POLICY

## What is Bullying?

- Deliberate, this means it is done on purpose.
- Repetitive, this means that it happens again and again.
- Imbalance of power, this means that it is unfair.
- Bullying can be physical (eg: kicking, punching), verbal (eg: calling names) or psychological (eg: ignoring someone).
- It can happen face-to-face or online.



## About bullying

**Bullying can happen anywhere. If this happens, it's important to tell a grown-up you trust so they can help make it stop. Bullying is different from banter, and we should always stand up against it and tell an adult we trust if we see it happening.**

## Equality, Diversity & Inclusion

**At Brookside, we believe that everybody should be treated equally. We like it that everyone is unique and not treated differently because of their age, disability, ethnicity, national origin, gender, religion or beliefs. We believe that everyone is important.**

## WHAT HAPPENS AFTER YOU TELL:

1. **School Listens:** If we tell school about bullying, the school will listen and understand.
2. **We Do Something:** We don't like bullying at Brookside, so we do things to stop it. We are also updated on what's happening.
3. **Tell Us Anytime:** The school will listen to you and your friends. Your teachers will talk to the ringleaders and parents, too.



## Dealing with bullying

**If you tell a trusted grown-up (like a teacher at Brookside) about bullying, they will listen and take it seriously. They'll talk to everyone involved, and the person/people bullying might face consequences. They'll work to make things better, even if bullying happens online (cyber-bullying) or at home, to keep everyone safe. Don't be a ringleader, reinforcer, or an assistant in a bullying situation. Be a defender!**



## HOW OUR SCHOOL IS SPECIAL:

1. **Celebrate Differences:** We think it's super cool that everyone is different! We talk about it a lot and celebrate all the amazing things that make us unique.
2. **Special Weeks:** Every year, we have Anti-Bullying Week in November and Safer Internet Day in February. We do fun activities to learn how to be kind to each other, both in school and online.
3. **Caring Classes:** In our lessons, we learn about being good friends and standing up against things that aren't nice. We talk about cyberbullying and how to stay safe on the internet.
4. **Big Celebrations:** We have events that make us proud of who we are and where we come from. Our school displays show how amazing and diverse we all are.
5. **Our Voice Matters:** That's why we have a School Council where we can share our ideas and help make our school even better.
6. **Play Rangers:** Some pupils are Play Rangers, helping everyone have fun and stop any problems. They're like superheroes of kindness!

## How can we **STOP** bullying?

1. **We Speak Out:** If we ever feel like someone is being mean to us or others, we talk to our any grown-up we trust at school.
2. **Special Activities:** We have special activities in school where we talk about being kind and not bullying. We also have an entire week dedicated to stopping bullying every year!
3. **Well-Trained Teachers:** All our teachers learn about bullying, how to stop it and keep us safe!
4. **Parents Can Help Too:** Our parents/carers can talk to the school if we're having a hard time.
5. **We Talk To Our Headteacher:** If something is upsetting us, we know we can tell Mr. Kenny, our Headteacher, or Mrs. Clark, who is in charge of keeping us safe.