



# Brookside Primary School

## Personal, Social and Health Education (PSHE) and Citizenship Policy

### 1. Introduction

This document is a statement of the aims, principles and strategies for teaching and learning of PSHE in our schools.

#### **The importance of personal, social and health education and citizenship.**

Personal, social and health education (PSHE) and citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

### 2. Aims and Objectives

The aims of personal, social and health education and citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues;
- Understand what makes for good relationships with others;
- Have respect for others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society

- Develop self confidence and self esteem and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the school and the wider community.

### **3. Equal Opportunities and Entitlement**

PSHE can make a significant contribution to inclusion, particularly in its focus on promoting respect for all. All pupils have an entitlement to learning in PSHE, irrespective of social background, culture, race, religion, gender, difference in ability and disability. This entitlement contributes to their developing knowledge, skills, understanding and attitudes. These are necessary for pupils' self fulfillment and development as active and responsible citizens.

### **4. Teaching and Learning**

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem solving activities.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves.

We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

### **7. Assessment and Reporting**

Informal assessment is carried out according to guidance from SEAL. This is made following activities and through cross curricular links. Opportunities arise in circle time, conferencing, school council and day to day issues to move children on. Reporting to parents is done at regular parent evenings and annually through a summarising report.

### **8. Foundation**

Reception children are taught the Foundation Stage of the National Curriculum, and we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in reception classes when we teach 'how to develop a child's knowledge and understanding of the world'.

**Gary Kenny**

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